Suicide Intervention Flow Chart

Active Listening
- Do not debate or argue
- Confront and confirm with the use of straight forward questions
  Ex. “Are you thinking of killing yourself?”

Assessment of Lethality
- Suicidal history – (prior attempts)
- Suicidal Plans – (specific plans to hurt self)
- Available Resources
  Internal – knowledge, education, strengths
  External – support network, family, friends, etc.
- Willingness to access resources

Make A Contract
- No longer than 24 hours
- Client promises to call back before hurting themselves
- Client promises to follow through on referral.

Make A Referral
- Depends on center and location

Arrange Follow-Up
- Plan to make contact within 24 hours
- Make sure client followed through on referral and contract

Source: Orange County Rape Crisis Center